

Prostate Cancer Screening

Dear Patient: Dr. Shah will use this outline as a general framework for discussing prostate cancer screening. Not all of this will be relevant for each patient.

Background:

1. Controversy about PSA screening (PLCO & ERSPC studies)
2. Natural history of prostate cancer
3. Overtreatment concerns (PIVOT trial, etc.)

Patient Factors:

1. Life expectancy assessment and comorbidities
2. PSA result and derivatives (Free/Total, etc.)
3. Family history
4. Risk calculator results
 - a. SWOP
 - b. PCPT 2.0

Evaluation Options:

1. Further biomarker evaluation
 - a. PSA free/total
 - b. 4K score
 - c. Prostate-Health-Index (PHI) test
 - d. PCA3
 - e. ConfirmMDx (if prior neg biopsy)
2. Endorectal MRI
3. Prostate Biopsy

Additional Relevant considerations:

For more information: www.ProstateGuru.com

www.RoboticSurgeryNM.com