

# Prostate Cancer Treatment Outline

Dear Patient: Dr. Shah will use this outline as a general framework for discussing prostate cancer treatments. Not all points will be relevant for each patient.

## Background:

1. Controversy about PSA screening (PIVOT trial, Swedish studies, PLCO study, ERSPC study)
2. Natural history of prostate cancer
3. Overtreatment concerns

## Patient Factors:

1. Life expectancy assessment and comorbidities
2. PSA, Gleason score, DRE
3. NCCN risk stratification
4. Staging test results (MRI, Bone Scan, CT, PET)
5. Other Biomarker tests results (Oncotype Dx, Prolaris, PTEN, Decipher)

## Treatment Options:

1. Active surveillance
2. External beam radiation (IMRT, proton)
3. Brachytherapy
4. Stereotactic radiation and IGRT (Calypso, Cyberknife)
5. Hormonal therapy
6. Cryotherapy
7. HIFU
8. Radical prostatectomy (Robotic vs. Open)

## Additional Relevant considerations:

For more information: [www.ProstateGuru.com](http://www.ProstateGuru.com)

[www.RoboticSurgeryNM.com](http://www.RoboticSurgeryNM.com)